

### **OXYMETHOLONE**

**OXYMETHOLONE USP 50 mg** 

Presented as 50mg capsules in blister packs of 15 capsules - 2 blisters per box (30 capsules)

### **DESCRIPTION**

Oxymetholone is a synthetic male hormone (androgen or anabolic steroid) used to treat a low red blood cell count (anemia). It works by increasing the amount of the hormone (erythropoietin) involved in the production of red blood cells. Due to the risk of serious, possi bly life-threatening side effects, this medication must not be used to improve athletic performance or physical appearance.

Oxymetholone should not be used to enhance athletic ability. When used as directed under med ical supervision, the side effects risks are minimal.

Oxymetholone is approved for use for the following indication: Treating certain types of anemia. It may also be used for other conditions as determined by your doctor.

Oxymetholone is an androgen hormone. It works by increasing the production of erythropoieti n, a chem ical in the body that increases the production of red blood cells.

### DOSAGE AND ADMINISTRATION

The use of anabolic steroids may be associated with serious adverse reactions.

Many of which are dose related; therefore, patients should be placed on the lowest possi ble effective dose.

Usual Adult Dose for Anemia:

Anemias caused by deficient red cell production:

1 to 5 mg/kg/day orally. Usual effective dose is 1 to 2 mg/kg/day. Response is often not immed iate. Give for a minimum trial of 3 to 6 months.

If you miss a dose, use it as soon as you remember. If it is near the time of the next dose, skip the missed dose and resume your usual dosing sched ule. Do not double the dose to catch up.

#### PREGNANCY AND BREAST-FEEDING

Do not use oxy metholone if you are pregnant. If you suspect that you could be pregnant, contact your doctor immed iately. It is unknown if oxymetholone is excreted in breast milk. Do not breast-feed while using oxymetholone.

# DRUG INTERACTIONS

Oral hypoglycemic agents: Oxandrolone may inhibit the metabolism of oral hypo glycemic agents which may require adjustment of dosage.

Adrenal steroids or ACTH: Oxandrolone may exacerbate edema in patients on concurrent adrenal-cortical steroids or ACTH therapy. Anticoagulants: Patients on anticoagulants such as warfarin should be carefully monitored during anabolic steroid therapy as anabolic steroids may increase sensitivity to oral anticoagulants which may require a concomitant reduction in anticoagulant dosage to achieve a desirable prothrombin time (PT). Anticoagulant patients should be monitored regularly during anabolic steroid therapy, particularly during initiation and termination of therapy. Warfarin patients should have INR and PT monitored throughout androgen therapy and warfarin dosages titrated to achieve the desired INR and PT. Such patients should be monitored for occult bleeding.

### CONTRAINDICATIONS

Diabetes patients - Oxymetholone may affect your blood sugar. Check blood sugar levels closely and ask your doctor before adjusting the dose of your diabetes medicine.

Lab Tests, including blood cholesterol and lipid levels, iron levels, urine and blood calcium levels, liver function tests, bone growth and development, and complete blood cell counts, may be performed to monitor your progress or to check for side effects. Be sure to keep all doctor and lab appointments.

## **PRESENTATION**

50mg capsules in blister packs of 15 capsules - 2 blisters per box (30 capsules).

## STORAGE

Store below 25°C. Store in the original package